## PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES OF MALE STUDENTS

A THESIS
PRESENTED TO THE VIDYASAGAR UNIVERSITY
IN LIEU OF A THEORY PAPER
FOR THE DEGREE OF
MASTER OF PHYSICAL EDUCATION

BY
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DEPARTMENT OF PHYSICAL EDUCATION
MUGBERIA GANGADHAR MAHAVIDYALAYA
BHUPATINAGAR :: PURBA MEDNIPUR
W.B. PIN-721425
JULY, 2016

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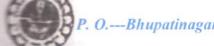
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CERTIFICATE

Certified that the thesis entitled "EFFECTS OF PRANAYAMA WITH MEDITATION ON SELECTED PHYSIOLOGICAL AND PSYCHOLOGICAL WARIABLES OF MALES STUDENTS" prepared by Ganesh Chandra Maity has been completed under my supervision and guidance for submission in lieu of paper of are xiv for M.P.Ed sem in Examination 2016, of Vidyasagar University, Paschim Medinipur, W.B.

The thesis is approved.

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